

## North Yorkshire Health Task Group

June 2020



North Yorkshire Health Task Group This is a letter from the North Yorkshire Health Task Group.



My name is Christopher Porter, and I am a selfadvocate from Skipton.

I was elected to be the new Health Task Group self-advocate co-chair in December 2019.



I am writing to you about what is happening with the Health Task Group during the coronavirus lockdown.



We had to cancel the North Yorkshire Health Task Group meeting in April because of Coronavirus.

Our meeting in August is also cancelled. We are following the Government advice so that everyone can stay safe.



We also know that our friends in the NHS and health services are very busy right now helping people stay safe from coronavirus.





We think Staying Healthy is very important.

Even though we are not meeting we are still working on our list of actions for the Task Group.

We are looking for a new independent co-chair. We will share some information about the job and how people can apply to be co-chair soon.

If you know someone who would be a good cochair please let them know.



We are also looking at our meeting rules (Terms of Reference) to make sure they are still up to date.



We have sent out information to Self Advocates to remind people to keep their Health Passport up to date.



We are working with Learning Disability Nurses to send out useful information about Staying Healthy to people with a learning disability



We continue to work on the Live Well Live Longer Action Plan.



We are sorry that there have been so many changes to our plans. We are sad about this too but we can still work together in new ways.



To find out more about the Health Task Group visit our website: <a href="http://www.nypartnerships.org.uk/nyhtg">www.nypartnerships.org.uk/nyhtg</a>



If you have any questions or ideas about the North Yorkshire Health Task Group please let us know.



Please email Shanna from North Yorkshire County Council at Shanna.carrell@northyorks.gov.uk

Take care and stay safe



**Christopher Porter** 

**Co-Chair of the North Yorkshire Health Task Group**